



Costa Rica

Treetops, Treks & Tropics

January 26 – February 8, 2022

A trip to Costa Rica will leave you with a renewed appreciation for nature, culture and wildlife, as well as the memories of all the amazing experiences to take home with you. Our Costa Rica trip has something for everyone; find yourself soaring through the rainforest, walking along hanging suspension bridges, hiking around the Arenal Volcano and taking a dip in the Titoku Hot Springs. Float through the lush flora and fauna on the Cano Negro River in search of birds, monkeys, sloths and other endangered jungle creatures. Enjoy time at a nature park exploring the cloud forest, butterfly gardens and hummingbirds. Then kick back and finish your trip with a relaxing stay along the beautiful beaches, a perfect place to bask in the beauty of Costa Rica.

Highlights

2 nights in Arenal Area & Cano Negro

3 nights in Monteverde & Guanacaste Beach Stay

Visit to artisan town of Sarchí

Aerial Tram Tour & Sky Trek Ziplining

Arenal Hanging Bridges

Arenal Volcano Hike

Titoku Hot Springs

The Cano Negro Wildlife Refuge & the Rio Frio

Selvatura Park with lunch

Trapiche Farm Visit

Guided Night Walk

Kayaking tour

Irazu Volcano

San Jose City Tour

Porterage (1 suitcase per person)

Gratuities for local guide and driver



Day 1 - Home Cities to San Jose, Costa Rica. Travel from your home city to San Jose today. Transfers to the hotel are included.

Day 2 - San Jose to Arenal Area.

We start our trip driving north on the Pan American Highway towards Sarchí,

which has earned the name as the birthplace of Costa Rica's Artisans. Continuing on, we will travel through diverse plantations with agricultural products, ornamental plants and cattle ranches until we reach La Fortuna. This afternoon get your first taste of the rainforest during an **aerial tram tour**, with spectacular views of the Arenal Volcano & Lake and the Tilaran mountain range. Then, get ready for your first adventure in Costa Rica! Sky Trek is a 3280-foot-long **zipline** system that gives you the opportunity to enjoy the rainforest and its beautiful views from above in a fun and safe ride!



Day 3 - Arenal Area. Guided by a local naturalist, we will enjoy the fascinating and colorful tropical rainforest this morning at **Arenal Hanging Bridges**. This series of static and suspension bridges, ranging from 5 to 100 meters long, allow views of the forest at different levels, imposing vistas of the volcano and great bird-watching opportunities, making for an unforgettable experience! This afternoon join our guide for a gentle **hike** along the base of Arenal Volcano before enjoying a relaxing soak at **Titoku Hot Springs**, followed by a delicious dinner with views of Arenal Volcano in the background.



Day 4 - Arenal Area to Cano Negro. Today is at leisure before making our way to the Cano Negro Wildlife Refuge late this afternoon.

Day 5 - Cano Negro. The **Cano Negro Wildlife Refuge** and the **Rio Frio** are biological humid areas and are some of the richest in biological diversity in Costa Rica. Home to a great variety of resident & migratory birds, plus three different species of monkey. Enjoy your **floating safari** through the tropical rainforest, pastures and marsh, spot three-toed sloths, and many more rare and endangered jungle creatures. Keep your eyes on the river too – there’s a chance of spotting the fin of a freshwater shark as it slices above the water’s surface.



Day 6 - Cano Negro to Monteverde. After breakfast, our journey continues to the **Monteverde area**. Famous for its cool, gray, misty cloud forest and perfect for nature lovers! Enjoy breathtaking views of the northern plains of Costa Rica as our guide tells us the history of the local area. After checking into the hotel, the rest of our day is free to enjoy. You may wish to take a ziplining tour through the Monteverde Cloud Forest, visit a local frog pond, or relax and enjoy the beautiful views and amenities of our hotel.

Day 7 - Monteverde. This morning explore **Selvatura Park’s** treetop walkways, butterfly gardens and hummingbirds. The ideal combination for nature lovers! After lunch, visit family-owned **Trapiche Farm** where we learn about the production and cultivation of sugar cane, coffee, bananas, plantains, arracacha, macadamia nuts, and oranges on our guided tour.



Day 8 - Monteverde. Take an optional tour this morning or just relax and soak in the beauty of the area. At sunset, enjoy a **hike** through the forest, when all the wildlife is active. It is always a busy time in the forest, the diurnal animals are looking for a place to sleep and the nocturnal animals are starting their activities.



Day 9 - Monteverde to Guanacaste. After breakfast we travel to Guanacaste. Located in the north pacific region, it has one of the most visited areas and is known for its beautiful beaches.



Day 10 - Kayak Tour on the Tamarindo Estuary. This is the perfect trip for nature lovers, as you row through the calm waters of the estuary found between Tamarindo beach and Playa Grande. The rest of your day is at leisure.

Day 11 - Guanacaste. Day at leisure.

Day 12 - Guanacaste to San Jose. Soak up the sun during your last bit of free time in paradise! After many adventures and experiences its time to drive back to San Jose.



Day 13 - Irazu Volcano & San Jose City Tour.

Travel to the old capital city of **Cartago**, passing through one of the richest coffee producing areas of the country. From Cartago we continue up the magnificent lush slopes of the **Irazu volcano**, the deep richness of the volcano soil is evident as you capture the brilliant green hues of the farmland. The spectacular view that awaits you from the 11,300 ft summit will never be forgotten, on a clear day it is possible to view both the Atlantic and Pacific Oceans. On the way back to the actual capital of Costa Rica, San Jose we learn all about the history during a **city tour**. This evening join your guide and fellow xplorers for a farewell dinner before being transferring to the San Jose Airport. Travel home with fond memories, newly acquired friends and many stories to share.

Day 14 - San Jose to Home Cities. Arrive home.

PRICING

\$5,989 Double/ Room Share
\$7849 Triple
\$5689 Single

All prices are per person and land only.
 Not included in price:
 -Taxes and fees
 -International airfare

Total meals included: All breakfasts and dinners, 4 lunches



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